

**Shoulder Pain?  
Knee Pain?**



**Highland**

**Center for Orthopaedics**

**Free Seminars**

**November 17th,  
Tuesday at 5:00pm**

**Shoulder Pain**

- Prevention & Non-operative Treatment of Shoulder Pain/Injuries
- Rotator Cuff Injuries & Shoulder Arthritis
- Injections & Rehabilitation of Shoulder Pain/Injuries
- All-Arthroscopic Shoulder Surgery
- Reverse Shoulder Replacement
- Medical Acupuncture & Alternative Treatments for Chronic Pain

**Held at Lakeland Office**

3317 US Hwy 98 S, Ste 9  
Lakeland, FL 33803

**November 19th Thursday at  
5:00pm**

**Knee Pain**

- Prevention & Non-operative Treatment of Knee Injuries/Arthritis
- Rehabilitation of Knee Arthritis/Injuries
- Injections & Viscosupplementation
- Arthroscopic Knee Surgery/ Partial Knee Resurfacing
- The Oxford Unicompartmental Knee
- Medical Acupuncture & Alternative Treatments for Chronic Pain

**Held at Lake Wales Office**

22411 Hwy 27  
Lake Wales, FL 33859

**Brian M. Jurbala, MD**

Board Certified Orthopaedic Surgeon

**Member of**

- American Academy of Orthopaedic Surgeons
- American Orthopaedic Society for Sports Medicine
- Arthroscopy Association of North America
- International Cartilage Repair Society
- American Society for Surgery of the Hand

**George Del Villar, MD**

Physical Medicine & Rehabilitation

**Member of**

- American Academy of Physical Medicine/Rehabilitation
  - American College of Sports Medicine
  - Association of Academic Physiatrists
  - American Academy of Pain Management
- EL Habla Español**

Please call **863-709-8777 x235** to RSVP

Seating is limited

**www.highlandortho.com**

*"We'll get you back in the game, Fast!"*